

# Corporate Wellness

Successful Wellness Programs have been proven to reduce healthcare costs, improve productivity, and aid in employee recruitment and retention.

Lovitt and Touché works with experts in various fields to provide employers with customized wellness programs for their employees.

We closely monitor each program and provide you with both financial and health status reports. Our focus is changing unhealthy behavior.

Our team also understands the complexity of implementing the best programs within the guidelines of HIPAA, ERISA, ADA and other regulatory agencies.

## MENU OF AVAILABLE SERVICES

- Health Risk Assessments for Early Detection of Illness
- Biometric Screening
- On-site, Telephone and/or Internet Access to Health and Lifestyle Coaches
- 24/7 Nurse Hotline
- Weight Loss Programs and Nutritional Support
- Monthly Themed Activities
- Wellness Incentive Programs
- On-site Gyms/Exercise Facilities
- Health Fairs and Screenings
- Smoking Cessation Classes
- Diet and Exercise Programs
- Reporting
- Disease Management
- Flu Shots and Immunizations
- Newsletters and Educational Materials

## Feel Good & Lovitt

